

Get in touch

Local Service/ Service Lead

We are With You at Right Turn

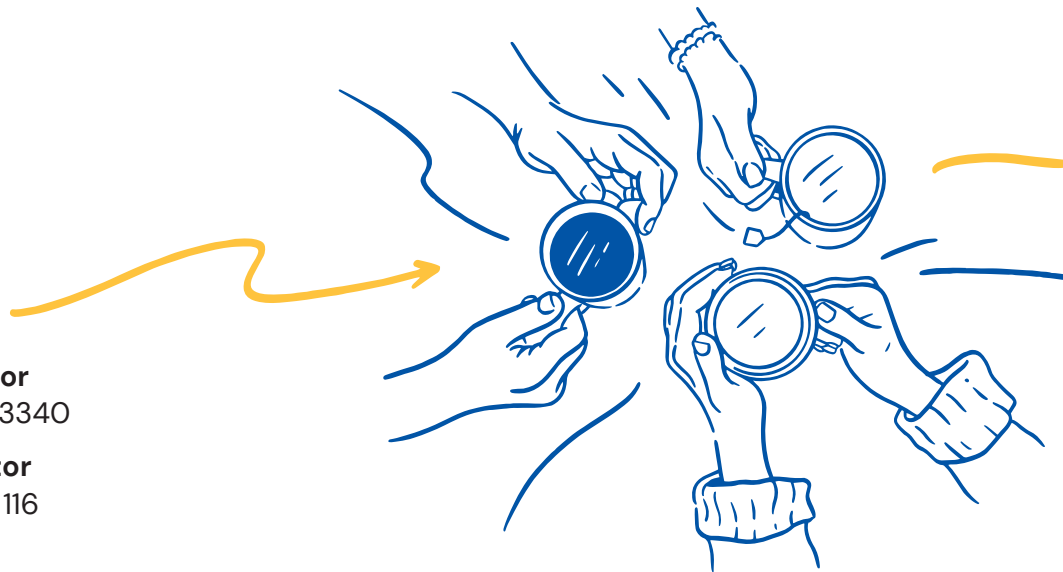
We provide free and confidential support to veterans experiencing issues with drugs and alcohol. We work with people on their own goals, whether that's staying safe and healthy, making a small change or stopping an unwanted habit.

Want to chat? We are With You.

wearewithyou.org.uk

We will work with you to make a change

A free and confidential service for the Armed Forces Community affected by drugs and alcohol.



North Region Co-ordinator
Hannah Snart - 07970 203340

South Region Co-ordinator
Lee Flowers - 07970 038 116

**we are
withyou**
at Right Turn



Come and visit our free, confidential service and talk to one of our trained staff.

We understand that veterans may have experienced situations which have impacted on their lives negatively. These experiences in turn could have led to mental health and/or alcohol and drug issues.

Here at We Are With You we are dedicated to working with veterans.

We work alongside and in partnership with veteran specific services so our staff are trained, advised and guided to make our services meaningful for veterans.

- We develop Peer Support Networks
- Deliver One-to-one Key-working Sessions
- Signposting and referrals to veteran specific services

Who's this service for?

This service is for you if you're:

- 18 or over
- living in the area
- worried about either your drug or alcohol use or someone else's
- Have served more than one day in any of the Armed Forces, including the Territorial Army and all reserve forces.

Help for friends and family

You're welcome to come and talk to us if you're worried about someone else's drinking or drug use.

We also offers group support for friends and family.

What happens when you visit us for the first time

When you first visit us, we'll talk about your drug or alcohol use so staff can get an idea of what help you need.

We may also talk about other aspects of your life, for example, any work you may be doing and how you're feeling in general.

Staff will also talk to you about what help you need now, and what plans you want to make for the future.

These plans are based on what you want to do at a pace that suits you. You won't be made to do anything that you're not ready to tackle.

This conversation usually lasts about an hour.

Talk to us online

Whether you need information for yourself or advice to support a friend or relative our webchat service is here for everyone.

Start a webchat by clicking on the chat button on the bottom right hand side of our website. You can access webchat on your laptop or mobile.

We've used our webchat service to speak to over 11,000 people in need

need
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