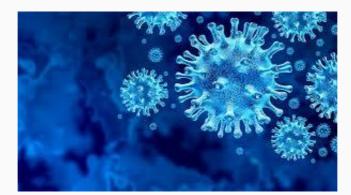


3095 referrals have been received to date. An average of 8 referrals continue to be received per week. Our successful outcomes continue to be at around 80%. So, another very well done and thank you to everybody

# **Covid Liberation**



With face to face meetings soon to be allowed outdoors and indoors, it is entirely a matter for each therapist to decide with the client what delivery mode to adopt. It is interesting that the success rate over the year of on-line sessions has remained at about 80%. But, we increasingly need to know on Pragmatic Tracker what delivery mode you are using on each session, because we are soon to be reaching an opportunity to run a funded research programme.

## **Pragmatic Tracker**



I urge everyone to use Pragmatic Tracker, and to follow the tutorials and guidance provided by Bill. Please use this <u>link</u> for his latest message about intervention selection, which will be very valuable to future research.

#### **Beyond Six Sessions – Policy**



As most of you know we offer an initial course of up to six sessions. However, the increasing prevalence of early life trauma often indicates complexity requiring more than six sessions. If more sessions are thought necessary, to arrive at an agreed planned ending, the procedure is to ask at around the fifth session, for the number of extra sessions thought necessary; and please make sure the session notes are complete so that a determination can be made. Please do this **by email** to Karolina, and quote the **client number**.

#### Military Mind Virtual Peer Group – 10 June, 6pm



Please note that the next Military Mind conversation will be on 10<sup>th</sup> June at 6pm on Zoom. Please email <u>Clare</u> and she will send you the link.

This is a free ranging discussion about any special considerations that might need recognition when delivering therapy to ex-military clients and their family members.

## **The Sandbag Race**



Any of you who might be near Malvern on the  $22^{nd}$  May are welcome to attend to help or support. Please use this <u>link</u> and contact <u>Greg</u> if you are interested.

# smile amazon.co.uk

If you have not done so already, please shop through <u>Amazon Smile</u>, and choose PTSD Resolution as your charity of choice. A small % of your payment will come to PTSDR. Every little helps.

