



We have had 3160 referrals to date, and continue to receive 7 a week.

The current Afghan situation is expected to generate an increase in demand and symptoms. We are monitoring the demand statistics; and we would ask therapists to monitor and note in Pragmatic Tracker session notes, any related increase in symptoms

Afghan situation

Please see our press and social media release: The current events in Afghanistan inevitably cause different emotional reactions, some of which can be difficult to manage and resolve alone. The specialist Armed Forces Charity, PTSD Resolution, can help Veterans, Reservists and family members by providing free, rapid and effective therapeutic support, local across the UK. Please use this [link](#) to see the message from the Head of the Confederation of Service Charities

Ending of Lockdown



The ending of lockdown restores various options for meeting again.

1. We will assign referrals to therapists for face to face sessions as a first choice. On-line sessions remain an option for when face to face is not wanted or possible. It is important to enter 'delivery mode' on **Pragmatic Tracker**, to inform our long term analysis.
2. Meetings can again be encouraged as part of post-treatment support – such as breakfast clubs, drop in centres, sporting clubs. Please refer to Susan, our Social Support Administrator, on susanhancock@ptsdresolution.org. Susan also has information about meeting all manner of social support need. **Please refer to Susan** rather than getting bogged down yourselves.

The Military Mind



This is a periodic training discussion to improve our understanding of Veterans' distress, and our responses to it. Our next meeting will be on 9th September at 6pm. Please respond to [Clare Borg](#) to book your space and please make any suggestions for discussion topics. Ex-client, and one of our Ambassadors, Trevor Coult, MC, has agreed to join us (<https://www.trevorcoultmc.com/>) .

theBigGive

We are approaching the Big Give event, at the end of November, when donations that are made on-line are doubled. Please consider preparing yourselves and your friends to make a donation when the time comes. We absolutely rely on donations to enable us to continue delivering this service. We will be sending action emails nearer the time.



Help us Fundraise through Amazon Smile,

It really is so easy to go to <https://smile.amazon.co.uk/> , and choose PTSD Resolution as your chosen charity, for Amazon to automatically donate a small % of your payment to PTSDR.

