

KEY FUNDRAISING DATES

2018

- Armed Forces' Day - Sat 30 June
- World Mental Health Day - Wed 10 October
- Remembrance Sunday - Sun 11 November
- St Andrew's Day - Fri 30 November

2019

- St David's Day - Fri 1 March
- St Patrick's Day - Sun 17 March
- PTSD Resolution's 10th Birthday - Mon 22 April
- St George's Day - Tues 23 April
- Armed Forces' Day - Sat 18 May
- World Mental Health Day - Thur 10 October
- Remembrance Day - Mon 11 November
- St Andrew's Day - Sat 30 November

For fundraising help and support, contact
us:

contact@ptsdresolution.org