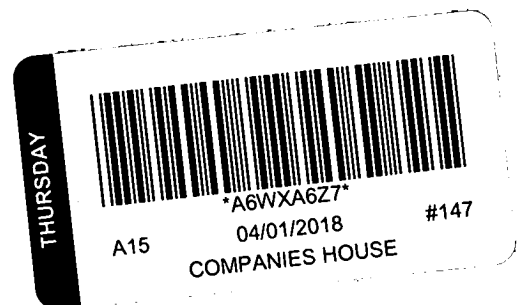


Charity Registration No. 1133188

Company Registration No. 06884539 (England and Wales)

**PTSD RESOLUTION LIMITED**  
**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 30 APRIL 2017**



**Caladine**

Chartered Certified Accountants

# PTSD RESOLUTION LIMITED

## LEGAL AND ADMINISTRATIVE INFORMATION

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**Trustees**

Colonel Anthony Gauvain (Chairman)  
David Piers Bishop (Clinical Director)  
Linda Field  
Malcolm Hanson  
Charles Highett (Finance and Commercial Director)  
Matthew Minshall  
Patrick Rea (Marketing Director)  
Richard Trafford  
James Woolley

**Charity number**

1133188

**Company number**

06884539

**Registered office**

Meadow Cottage  
Poundfield Road  
Chalvington  
Hailsham  
East Sussex  
BN27 3TH

**Independent examiner**

John Caladine FCCA CTA FCIE  
Caladine Ltd  
Chantry House  
22 Upperton Road  
Eastbourne  
East Sussex  
BN21 1BF

**Bankers**

Barclays Bank Plc  
Leicestershire  
LE87 2BB

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# PTSD RESOLUTION LIMITED

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# **PTSD RESOLUTION LIMITED**

## **TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)**

### **FOR THE YEAR ENDED 30 APRIL 2017**

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The Trustees present their report and accounts for the year ended 30 April 2017.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016)

#### **Objectives and activities**

The charity's objects are:

For the public benefit, the relief of the mental sickness of Veterans, Reservists and family members of the armed forces with post-traumatic symptoms in particular by the provision of counselling, therapy and support by:

1. Promoting research into treating post-traumatic symptoms, and to promote new ways of providing services for Veterans of the armed forces suffering from post-traumatic stress disorder (PTSD), across the UK;
2. Advancing the education of Veterans of the armed forces and the public about the mechanisms of trauma and means of reducing the impact of PTSD on Veterans of the armed forces and the population in general; and
3. Promoting social inclusion among Veterans of the armed forces with PTSD in prisons through counselling, therapy and support.

PTSD Resolution (hereinafter referred to as Resolution) provides free treatment to Military Veterans, Reservists and dependants, with the particular aim of helping those who have failed to reintegrate into a normal work and family life because of military trauma suffered during service in the armed forces. Trauma causes flashbacks, nightmares, anger and depression - often leading to violence, alcohol and substance abuse, job loss, family breakdown and even suicide.

Resolution has a nationwide network of 200 accredited therapists which provides treatment to enable Veterans to resolve the mental health problems associated with military trauma that obstruct a normal range of family and work relationships. Resolution provides a national low-cost phone line on which Veterans, Reservists, and their families can receive advice on the effects of trauma and available routes to treatment, including our own.

Resolution is involved in a number of research projects into trauma, notably with Sussex University, King's College London, University of Exeter, Queen's University Belfast, Anglia Ruskin University, University of Edinburgh, Pragmatic Tracker, Rewind therapy, and Resolution's ongoing on-line survey.

Resolution continues to raise awareness through a PR and marketing programme, described below. This programme of communication targets trauma sufferers, potential donors, related military and health organisations as well as press and other interested parties.

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

#### **Achievements and performance**

a) Resolution at year end is on the 1645th treatment. This represents a total of 385 referrals in the year, which reflects an increased average of seven new referrals a week. This increasing demand has put a strain on fundraising and administration.

b) Resolution has treated a total of 53 prisoners to date, in 22 different prisons.

c) Resolution continues to offer therapy to family members affected by trauma.

# **PTSD RESOLUTION LIMITED**

## **TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)**

### **FOR THE YEAR ENDED 30 APRIL 2017**

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d) Resolution has 9 Trustees, all of whom make a serious commitment of time and energy to the operation of the charity. The Trustees have continued to hold periodic meetings on Skype at which current business and development strategy is discussed, decisions made and responsibilities for action allocated.

e) The primary administrator, Angela, continues to run the referral process and maintain the database. A second, part time administrator, Karolina, continues to process the therapists' functions, and to follow up cases in order to establish the long-term effectiveness of the therapy. A further part time worker, Susan, continues to carry out the book-keeping function.

f) A part time, paid, administrator, Nicky, continues to support the fundraising function.

g) A part time, paid researcher, Kaye, has started work on internet research and testimonial editing.

h) A volunteer, Caroline, continues to coordinate social support requirements after treatment.

i) Two volunteers, Alex and Harri, have had to stand down for personal reasons.

j) The objectives for the year continued to be precisely those of the Charitable Objects: to treat more people, to engage with the ex-service population to provide useful information about post-operational mental health problems, and to promote research in what is a woefully under-researched field.

k) We continue to treat every ex-service person who makes contact and wishes to try the service. We offer new clients the opportunity to talk to a previous patient if they wish, then they are put in touch with our nearest therapist and can go for an initial discussion to talk over how they are, what they need, what we can offer and what we cannot do. Improved funding has continued to mean that clients can be given an appointment and treatment can start within a few days. The results of the treatments continue to be measured by taking the impact of event scores before and after treatment, which show a marked reduction of symptoms in 78% of clients, in an average of five sessions per treatment.

l) A service evaluation of Resolution's client outcome data has been carried out by King's College, London, paid for from Resolution's own funds. The KCL report makes a number of recommendations for further research and for changing the way Resolution is run, notably:

- At the time of initial presentation to PTSD Resolution most clients reported high levels of distress, but this did not affect treatment progression, i.e. use of services and outcomes.
- More than half the sample had received prior treatment, and most rated it as very poor. However, receipt of previous treatment, regardless of how it was rated, did not influence the effect of treatment with Resolution.
- Dropout rate appears lower - 84% of Resolution clients attended more than one session with the therapist and 65% reached a planned ending, compared with 64% of IAPT users who terminate treatment after only a single contact.

m) A further application for membership of COBSEO was made on 11th November 2016 and is still being considered.

n) A reception was again held in the House of Lords, on 20th February 2017, courtesy of Lord Ramsbotham. A female veteran ex-client spoke of her experiences. Feedback was very encouraging and several positive introductions were made.

o) Despite the continuing lack of support from the heads of the other major charities, Resolution continues to receive referrals from Help for Heroes, SSAFA, RBL, ABF, NGVFA, as well as from many smaller, local charities around the UK.

#### **PR/Marketing**

PR and marketing continues to achieve excellent results with very limited expenditure – funding only for some web design support work and one day a week from a marketing assistant. There are no salaried staff and we do not advertise – success is through PR and social media. Key features of the programme have been:-

# PTSD RESOLUTION LIMITED

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

### FOR THE YEAR ENDED 30 APRIL 2017

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- Social media: we are very active and post almost daily to Facebook, with some 3,800 Followers, and also via Twitter. Through our social media and Just Giving programme we are averaging often £,00s to £,000s each week in donations from a range of sponsored initiatives by supporters – including running, walking and press up challenges.
- Media: we are 'on the radar' now with the press including the defence correspondents, and are usually asked to contribute comment when military PTSD is addressed by the press. We now have a separate phone number for the press, and audio recorded messages are emailed to campaign director Patrick Rea, which helps in media response and handling. We have built our profile and rank Page #2 for SEO on 'PTSD', which is a great success.
- Activities: we have had a number of successes. These include:
  - o VIP Event at the House of Lords
  - o Walking the London Bridges, a summer fund raiser
  - o The Big Give: we hit our targets through a coordinated campaign that brought in major sponsors
  - o Liaison and fund raising through corporate supporters, who are central to our income generation

#### **Fundraising**

The most significant change in the income profile is the doubling to £96,916 of the donations and gifts which come from multiple sources and multiple events. We foresaw that we needed to diversify our income stream in 2015-6 and the actions we highlighted in the last report have borne fruit.

We unfortunately lost the services of PTSD Action who ceased its operations in January. This was a very important income stream for us in the past.

We have agreed with the Lions Club and FDM group that they will pay for Clients on a case-by-case basis. This is an excellent arrangement and the local group can see that their donations are going towards treatment of clients in their local area.

ASIS have continued in their excellent support of our Charity and their donations have made a significant impact on our ability to deliver the services.

G4S have also agreed to pay for clients who are residing in HM prisons managed by G4S, but no referrals have been made to date.

Within our limited resources we continue to try and be innovative in the way we fund raise. Many ex clients or their friends and families are engaged in local fund raising activities.

The Trustees thank each and every donor for their vital support to enable us to treat a record number of Veterans.

#### **Future plans**

The targets for next year continue to be:

- a) Treat more Veterans, Reservists and families of the UK armed forces.
- b) Teach more Veterans, companies and other organisations about the effects of trauma
- c) Continue to build sustainable sources of revenue.
- d) Re-apply to become a member of COBSEO and influence the landscape of ex-military mental health.
- e) Continue to raise awareness of trauma and modern approaches to relieving it, in order to attract donors, press and other interested parties.
- f) Continue to build the evidence base using the Pragmatic Tracker application.
- g) Engage in a trial to further evaluate the evidence of treatment outcomes.
- h) Improve our processing and data management to cope with the increased demand.
- i) Engage a paid administrator to assist the Fundraising Support Coordinator
- j) Engage a volunteer to continue to carry out Follow up interviews and data collection.

#### **Public benefit**

The Trustees consider that the activities described above are consistent with the Charity's objectives and fulfils the requirements of the Charity Commission's public benefit criteria.

# **PTSD RESOLUTION LIMITED**

## **TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)**

### **FOR THE YEAR ENDED 30 APRIL 2017**

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#### **Financial review**

The revenue was increased from £137,000 to £194,000 an increase of 41%.

This year saw continuance of the increase in demand for our services with its resulting increase in costs of 16% which includes a £9,632 cost of research on the clinical results of our services. When adjusted for the research costs the costs have risen by 9% which correlates to 8% increase in client numbers.

This year 74% of our costs went towards the Charitable Objectives.

In keeping with our policy to keep a reserve we held cash at year-end of £41,311.

There was a surplus for the year of £6,849 leaving reserves at 30 April 2017 of £14,154.

#### **Reserves policy**

The outlook is positive and we are confident to meet the demand, grow revenue from diversified channels and grow our cash to have a reserve at a level of (at least) 3 months costs.

The Trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

#### **Structure, governance and management**

The charity is a limited company, incorporated on 22 April 2009 and registered as a charity on 8 December 2009.

The President is Lord Ramsbotham, and Lord Arbuthnot is Vice-President.

The Trustees, who are also the Directors for the purpose of company law, and who served during the year were:

Colonel Anthony Gauvain (Chairman)  
David Piers Bishop (Clinical Director)  
Linda Field  
Malcolm Hanson  
Charles Highett (Finance and Commercial  
Director)  
Matthew Minshall  
Patrick Rea (Marketing Director)  
Richard Trafford  
James Woolley

Trustees are recruited and appointed from those individuals who have an interest in psychological trauma and the welfare of Veterans of the UK armed forces. The Trustees interview all potential candidates for Trustee positions.

None of the Trustees has any beneficial interest in the company. All of the Trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

The Trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

# PTSD RESOLUTION LIMITED

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

**FOR THE YEAR ENDED 30 APRIL 2017**

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### Statement of trustees' responsibilities

The Trustees, who are also the directors of PTSD Resolution Limited for the purpose of company law, are responsible for preparing the Trustees' Report and the accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these accounts, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the accounts; and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees' report was approved by the Board of Trustees.



**Charles Highett**

Trustee

Dated: 18 December 2017



# PTSD RESOLUTION LIMITED

## INDEPENDENT EXAMINER'S REPORT

### TO THE TRUSTEES OF PTSD RESOLUTION LIMITED

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I report to the Trustees on my examination of the accounts of PTSD Resolution Limited (the Company) for the year ended 30 April 2017, which are set out on pages 7 to 15.

#### **Responsibilities and basis of report**

As the charity's Trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe:

- 1 accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



John Caladine FCCA CTA FCIE

Chartered Certified Accountants  
Caladine Ltd  
Chantry House  
22 Upperton Road  
Eastbourne  
East Sussex  
BN21 1BF

Dated: 18 December 2017

# PTSD RESOLUTION LIMITED

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 30 APRIL 2017

	Notes	Unrestricted funds £	Restricted funds £	Total 2017 £	Total 2016 £
<b>Income from:</b>					
Donations and legacies	3	155,995	33,166	189,161	136,644
Charitable activities	4	5,404	-	5,404	-
<b>Total income</b>		<b>161,399</b>	<b>33,166</b>	<b>194,565</b>	<b>136,644</b>
<b>Expenditure on:</b>					
Raising funds	5	3,123	-	3,123	1,548
Charitable activities	6	141,795	32,798	174,593	148,328
<b>Total resources expended</b>		<b>144,918</b>	<b>32,798</b>	<b>177,716</b>	<b>149,876</b>
<b>Net income/(expenditure) for the year/ Net movement in funds</b>		<b>16,481</b>	<b>368</b>	<b>16,849</b>	<b>(13,232)</b>
Fund balances at 1 May 2016		7,305	-	7,305	20,537
<b>Fund balances at 30 April 2017</b>		<b>23,786</b>	<b>368</b>	<b>24,154</b>	<b>7,305</b>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

# PTSD RESOLUTION LIMITED

## STATEMENT OF FINANCIAL POSITION

AS AT 30 APRIL 2017

	Notes	2017 £	£	2016 £	£
<b>Current assets</b>					
Trade and other receivables	10	5,343		2,199	
Cash at bank and in hand		41,311		16,981	
		<u>46,654</u>		<u>19,180</u>	
<b>Current liabilities</b>	11	(22,500)		(11,875)	
Net current assets			<u>24,154</u>		<u>7,305</u>
<b>Income funds</b>					
Restricted funds	14		368		-
<u>Unrestricted funds</u>					
General unrestricted funds		23,785		7,304	
Share capital		<u>1</u>		<u>1</u>	
			<u>23,786</u>		<u>7,305</u>
			<u>24,154</u>		<u>7,305</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 30 April 2017. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these accounts.

The trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The accounts were approved by the Trustees on 18 December 2017

  
Charles Highett  
Trustee

Company Registration No. 06884539

# PTSD RESOLUTION LIMITED

## NOTES TO THE FINANCIAL STATEMENTS

*FOR THE YEAR ENDED 30 APRIL 2017*

---

### 1 Accounting policies

#### Company information

PTSD Resolution Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is Meadow Cottage, Poundfield Road, Chalvington, Hailsham, East Sussex, BN27 3TH.

#### 1.1 Accounting convention

The accounts have been prepared in accordance with the charity's articles of association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

These accounts for the year ended 30 April 2017 are the first accounts of PTSD Resolution Limited prepared in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland. The date of transition to FRS 102 was 1 May 2015. The reported financial position and financial performance for the previous period are not affected by the transition to FRS 102.

#### 1.2 Going concern

At the time of approving the accounts, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts.

#### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

# PTSD RESOLUTION LIMITED

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2017

---

### 1 Accounting policies (Continued)

#### 1.5 Expenditure

Liabilities are recognised when a constructive obligation exists, the payment is probable and the obligation can be measured or estimated reliably.

Resources expended are allocated to the particular cost centre to which they relate and include irrecoverable VAT.

#### 1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### 1.7 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

##### **Basic financial assets**

Basic financial assets, which include trade and other receivables and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

##### **Basic financial liabilities**

Basic financial liabilities, including trade and other payables and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade payables are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade payables are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

##### **Derecognition of financial liabilities**

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

#### 1.8 Taxation

PTSD Resolution Limited is a registered charity and its income is considered exempt from United Kingdom taxation.

# PTSD RESOLUTION LIMITED

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2017

### 2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

### 3 Donations and legacies

	Unrestricted funds	Restricted funds	Total 2017	Total 2016
	£	£	£	£
Donations and gifts	155,995	33,166	189,161	136,644
	<u>155,995</u>	<u>33,166</u>	<u>189,161</u>	<u>136,644</u>
<b>For the year ended 30 April 2016</b>	<u>96,529</u>	<u>40,115</u>		<u>136,644</u>
<b>Donations and gifts</b>				
Donations and gifts	87,067	10,000	97,067	48,338
PTSD Action	-	23,166	23,166	37,465
Lottery England	44,701	-	44,701	34,964
The Big Give	22,871	-	22,871	15,877
Gift aid	1,356	-	1,356	-
	<u>155,995</u>	<u>33,166</u>	<u>189,161</u>	<u>136,644</u>

### 4 Charitable activities

	2017	2016
	£	£
Great North Run	212	-
Conference	1,880	-
Shell Shock Walk	3,312	-
	<u>5,404</u>	<u>-</u>

# PTSD RESOLUTION LIMITED

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2017

### 5 Raising funds

	2017	2016
	£	£
<u>Fundraising and publicity</u>		
Fundraising	3,123	1,548
	<u>          </u>	<u>          </u>
<b>For the year ended 30 April 2016</b>		
Fundraising and publicity		1,548
		<u>          </u>

### 6 Charitable activities

	2017	2016
	£	£
Therapy costs	98,106	89,980
Exhibitions and conferences	1,622	305
Raising awareness to services personnel	12,702	9,416
Great North Run	2,199	-
Therapist and client support	14,407	13,619
Travel	693	545
Computer software and consumables	277	624
Action challenge	156	-
Research	9,632	-
	<u>139,794</u>	<u>114,489</u>
Share of support costs (see note 7)	23,729	24,322
Share of governance costs (see note 7)	11,070	9,517
	<u>174,593</u>	<u>148,328</u>
<b>Analysis by fund</b>		
Unrestricted funds	141,795	
Restricted funds	32,798	
	<u>174,593</u>	
<b>For the year ended 30 April 2016</b>		
Unrestricted funds		108,213
Restricted funds		40,115
		<u>148,328</u>

# PTSD RESOLUTION LIMITED

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2017

### 7 Support and governance costs

	Support costs £	Governance costs £	Total 2017 £	2016 £
Subscriptions	566	-	566	1,309
Insurance	262	-	262	479
Research	257	-	257	108
Administration	3,858	-	3,858	3,244
Meeting costs	-	-	-	715
Computer software and consumables	277	-	277	624
Printing, postage and stationery	1,273	-	1,273	596
Telephone	60	-	60	398
Travel	473	-	473	233
Marketing	16,703	-	16,703	16,616
Accountancy	-	1,733	1,733	1,333
Legal and professional	-	1,574	1,574	752
Bookkeeping fees	-	7,763	7,763	7,407
Bank charges	-	-	-	25
	<u>23,729</u>	<u>11,070</u>	<u>34,799</u>	<u>33,839</u>
<u>Analysed between</u>				
Charitable activities	<u>23,729</u>	<u>11,070</u>	<u>34,799</u>	<u>33,839</u>

Governance costs includes Independent Examiners fees of £480 (2016- £300).

### 8 Trustees

Colonel Anthony Gauvain was reimbursed expenses of £491 (2016: £671). Patrick Rea was reimbursed marketing costs of £720 (2016:£540).

The charity received aggregate donations from the trustees of £20 in the year.

### 9 Employees

There were no employees during the year.

### 10 Trade and other receivables

	2017 £	2016 £
Amounts falling due within one year:		
Prepayments and accrued income	5,343	2,199
	<u>5,343</u>	<u>2,199</u>



# PTSD RESOLUTION LIMITED

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2017

### 11 Current liabilities

	2017 £	2016 £
Other payables	8,930	3,715
Accruals and deferred income	13,570	8,160
	<u>22,500</u>	<u>11,875</u>

### 12 Financial commitments, guarantees and contingent liabilities

Included within accruals in Note 11 are costs of £12,025 relating to therapy treatment completed but not invoiced as yet to the charity. There are also other therapy commitments of £10,000 not included with accruals to be covered by funding in 2017/18.

### 13 Share capital

	2017 £	2016 £
<b>Ordinary share capital</b>		
<b>Issued and fully paid</b>		
1 Ordinary share of £1 each	1	1
	<u>1</u>	<u>1</u>

### 14 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 May 2016 £	Movement in funds Incoming resources £	Resources expended £	Balance at 30 April 2017 £
PTSD Action fund	-	23,166	(23,166)	-
LV Research fund	-	10,000	(9,632)	368
	<u>-</u>	<u>33,166</u>	<u>(32,798)</u>	<u>368</u>

The PTSD Action fund represents monies received from PTSD Action Limited (company no. 09070980), a not for profit company, which is regarded as restricted income with it's related expenditure.

The LV Research fund was specifically for research on clinical matters.

### 15 Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total £
Fund balances at 30 April 2017 are represented by:			
Current assets/(liabilities)	23,786	368	24,154
	<u>23,786</u>	<u>368</u>	<u>24,154</u>

# **PTSD RESOLUTION LIMITED**

## **NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**

***FOR THE YEAR ENDED 30 APRIL 2017***

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### **16 Related party transactions**

There were no disclosable related party transactions during the year (2016- none).